COLA rates change for Hawaii islands

TECH. SGT. MICKY PENA

Defense Media Activity Forward Center-Pacific

HONOLULU - U.S. Pacific Command has announced changes to the 2017 Hawaii Cost of Living Allowance effective Sept. 1, 2017.

COLA is a non-taxable supplemental pay allowance designed to equalize purchasing power so that service members stationed overseas can purchase the same level of goods and services as if they were stationed in the continental U.S.

The rate a member receives is based upon location, rank, years of service and number of dependents.

All members stationed in Hawaii will receive a decrease in COLA based on a point based index system.

For example, whereas Oahu was rated at 124 points in the year 2016, which reflected the average prices paid for items to be 24 percent higher, the island is now rated at 120 points for 2017, which reflects a four point decrease with prices paid now only 20 percent higher.

Hawaii Island will also experience a four point decrease, Kauai a six point decrease, and Maui an eight point decrease.

A change of one index point equates to approximately \$30 a month for an E-6 with three dependents and 10 years of service or \$40 a month for an O-3 with three dependents and 10 years of service.

Beginning Sept. 1, members stationed on the islands of Oahu, Hawaii Island and Kauai will see the decrease reflected in their Leave and Earnings Statement. Those stationed on Maui will see an initial decrease also on Sept. 1, and the full amount on their Oct. 1 LES.

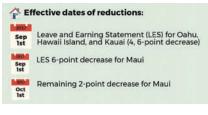
This update is the result of the Retail Price Schedule, which is conducted annually by the Defense Travel Management Office. The RPS collects and compares prices overseas and in the continental U.S. for approximately 120 goods and services. If average prices in CONUS are rising at a greater rate than those overseas, COLA will decrease. However, if prices rise or fall at the same rate, COLA will stay the same.

USPACOM Quality of Life and Education Analyst officials have stated that the primary reasons for upcoming COLA decreases can be attributed to a reduced gap between Hawaii and CONUS prices for non-food items such as furniture, household items such as small appliances and Internet services, and clothing.

USPACOM will collect new prices for the 120 COLA items in March 2018, which will be used to determine the 2018 COLA rates for Hawaii. Additionally, members are encouraged to participate in future Living Pattern Surveys, which occur every three years and have a direct impact on COLA rates.



U.S. Pacific Command has announced changes to the 2017 Hawaii Cost of Living Allowance effective Sept. 1.



More Details

For more information and to calculate your COLA, visit the DTMO COLA website at http:// www.defensetravel.dod.mil/site/ colaCalc.cfm.



Staff Sgt. Josh Estes, an EOD team leader from 74th Ord. Co., 303rd Ord. Bn., 8th MP Bde., climbs down a culvert to examine an IED during the 2017 USARPAC Team of the Year competition at Schofield Barracks, July 29.

EOD teams vie for best in Pacific

SGT. 1ST CLASS JOHN DELAINE BROWN

8th Theater Sustainment Command **Public Affairs**

SCHOFIELD BARRACKS — The ability to blend technical knowledge, speed, precision, discipline and patience while racing a clock and standing face to face with explosives ... well, that's a day in the life for an Explosive Ordnance Disposal

Every year, the best EOD teams in the Pacific meet at Schofield Barracks to compete in the U.S. Army-Pacific Command (USARPAC) EOD Team of the Year competition. This year's competition saw teams from Alaska, Hawaii and the Republic of Korea.

"The competitors are special because they have been chosen to represent their units/region and compete to be the best in USARPAC," said Sgt. 1st Class Justin Loban, a planning noncommissioned officer, 303rd Ordnance Battalion, 8th Military Police Brigade, 8th Theater Sustainment Command.

According to Loban, the planning for this year's six-day competition was more than six months in the making.

"The tasks must be challenging because they have to cover the largest swath of EOD tasks possible, not just IEDs (improvised explosive devices), ordnance, CBRN (chemical/biological/radiological/nuclear) or basic Soldier tasks, but all of it in extreme detail," he said.

Loban went on to explain that each of these tasks must be incredibly realistic in order to evoke the same level of response from the competing teams.

"Realism is extremely important," said Loban. "If the construct that the team is operating inside of isn't realistic, then they will possibly react in any number of unpredictable ways that are directly detrimental to training – simply because the scenario and training aids were not realistic."

Examples of the realism involved in this year's competition included the removal of ordnance from an AH-64 Apache helicopter and a round that was lodged in the barrel of an M198 155mmm Howitzer - both of which had to be completed in the middle of the night.

Staff Sgt. Josh Estes, an EOD team leader, 74th Ord. Co. (EOD), 303rd Ord. Bn., 8th MP Bde., said, "Competing in a competition like this means to me that I'm the best. It shows you that you really know the little details that make up the bigger picture.

'We cover such a wide range of responsibilities with our EOD mission, both stateside and deployed, and in order to fully understand that, competitions like this give you an opportunity to test that and build that confidence," said



Staff Sgt. Josh Estes and Sgt. Aaron Malecky, an EOD team from 74th Ord. Co., 303rd Ord. Bn., 8th MP Bde., review technical data during the 2017 USARPAC Team of the Year Competition at Schofield Barracks, July 29.

"During this competition, you learn a lot about yourself, your team, and you're going to learn a lot about how much you know about this job," Estes continued.

ners were announced at a ceremony on Schofield Barracks, July 28.

After six days of competition, the win-

Staff Sgt. Sean Conley and Spc. Devan Hardman, an EOD team from the 65th Ord. Co. (EOD), Fort

Wainwright, Fairbanks, Alaska, were proclaimed the best EOD team in the Pacific.

With a combined 21 years of military experience - eight in the EOD field, this was the first time Conley and Hardman had competed in a Team of the Year competition.

To prepare for the competition, the team modified its physical training regimen to include additional road marches, studied EOD publications and ran through a variety of training scenarios.

When asked why he chose the EOD career field, Conley said, "I like the idea that there's a lot of time and effort that goes into the design and manufacture of ordnance. They cost quite a bit of money and are designed to detonate or hit a target somewhere, but they can be stopped by a guy that barely graduated high school in Ohio.

'There's a malicious beauty to it. We are able to do a lot of stuff that people, not necessarily can't do, but aren't trained to do," explained Conley.

Hardman said, "We put a lot

of work into this, and it showed, so we will spend the next month or so getting ready for the DA TOY (Department of the Army Team of the Year) and keep train-

The Department of the Army EOD Team of the Year competition takes place in September at Fort A.P. Hill, Virginia.



Sgt. Sean A. Conley and Spc. Devan R. Hardman from the 65th Ord. Co. (EOD), Fort Wainwright Alaska - negotiate an EOD training scenario during the annual competition on Schofield

Apache crews zero in on gunnery during day/nighttime

1ST LT. MCCOY BEAN

A Troop, 2nd Squadron, 6th Cavalry Regiment 25th Combat Aviation Brigade 25th Infantry Division

WHEELER ARMY AIRFIELD — Gunnery, the pilot's equivalent of weapons qualification, serves as one of the cornerstones of an Apache crew's training.

In an effort to maintain readiness, gunnery requires a crew to prove its ability to successfully engage 10 targets during both the day and the night.

While the actual practice of engaging a target with multiple weapons platforms shot from varying altitudes and speeds is challenging, planning and coordinating a gunnery qualification can prove just as difficult for the units stationed here.

The limited space and large civilian population on Oahu means that Apache

crews and support personnel must take

a trip to the Big Island of Hawaii for gun-

nery. Apache (AH-64D) gunnery exclusively occurs at the Pohakuloa Training Area, or PTA.

With 2nd Squadron, 6th Cavalry Regiment's reorganization to reflect a heavy cavalry mission and consequential increased focus on the AH-64D, the unit was prepared to spend a lot of time away from its flagpole and families to support this mission. However, the leaders at 2-6th Cav. and Range Control for the island of Oahu came together to find a better cost effective solution. Just after this year's Fourth of July weekend, the unit conducted its first gunnery qualification for the AH-64D on the island of Oahu.

Chief Warrant Officers 3 Ash Wiggins, Justin Braswell and Brandon Garner, and 1st Lt. Drake Fleming developed the original plans before bringing them to Range

Control in April. According to the range supervisor,

Colby Fox, this was the key to making the training happen. Range Control asks for a plan 45 days prior to execution; however, 2-6th Cav. initiated the planning process three months prior. Fox contributed to the success of the gunnery from July 5-7 with constant communication and rapport built through planning sessions and

Many challenges developed through the planning process to include scheduling range time and space, as well as adjustments to targets for cultural site considerations, said Braswell. The operations officers at 2-6th Cav. explained that

Ken Torre and his maintenance crew bent over backwards to make this possible, to include hand-welding steel targets that could stand up to Apache training rounds.

Additionally, other unexpected factors helped to make this event possible.

In years past, aerial gunnery was accom-

plished by Kiowa Warriors (OH-58) on the Makua side of the mountain range. Due to cultural site concerns, the Makua training area is closed to large events until further notice, affording aviation assets an opportunity to adjust and train on the Schofield side, Garner said.

This training event incorporated three separate air assets (Unmanned Aerial System-V2 Shadow, Black Hawks and Apaches), which had never been done before on either side of the mountain. The teaming of these three air assets is common to see in an operational environment, but difficult to coordinate and implement in a training scenario.

Range Control hopes to increase its ability to provide safe, efficient realistic training grounds, while 2-6th Cav. and the 25th Combat Aviation Brigade look to challenge their Soldiers to be better prepared for whatever fight comes their way.



the U.S. Army community in Hawaii by the U.S. Army-Garrison Hawaii Public Affairs Office. Contents of the HAW are not necessarily the official views of, or endorsed by, the U.S. Government or the Department of the Army

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watch what I post on social





(From left to right) outgoing 9th MSC CG, Brig. Gen. Stephen K. Curda; Gen. Robert B. Brown, commander, USARPAC; and incoming 9th MSC CG, Brig. Gen. Douglas F. Anderson, begin to "Troop the Line."

To Troop the Line is a way of inspecting an Army unit at the 9th MSC change of command ceremony, held at historic Palm Circle, Fort Shafter, July 16.

The change of command ceremony marks a transfer of total responsibility and authority from one individual to another.

Mahalo goes to Curda, aloha to Anderson

Story and photo by STAFF SGT. DAVID J. OVERSON 305th Mobile Public Affairs Detachment 9th Mission Support Command

FORT SHAFTER — Hundreds of Soldiers, families and friends of the 9th Mission Support Command gathered to witness Brig. Gen. Stephen Curda hand the reins to the incoming commanding general, Brig. Gen Douglas F. Anderson, during a change of command ceremony at Palm Circle, here,

guests attendance Honored in included U.S. Army Gen. Robert B. Brown, commander, U.S. Army-Pacific, who officiated the event; U.S. Army Command Sgt. Maj. Bryant Lambert, senior enlisted adviser, USARPAC; U.S. Army Lt. Gen. Fenton, deputy commander, USARPAC; Consul General Karena Lyons, consul general of New Zealand; Consul General Kang Young-hoon, consul general of the Republic of Korea; Consul General Guillaume Maman, consulate of France in Hawaii; U.S. Army Maj. Gen. Charles Flynn, deputy commanding general-South, USARPAC; retired Maj. Gen. Jimmie Jaye Wells, Department of Homeland Security; John Wood, director, Pacific outreach, U.S. Pacific Command; and Ambassador P. Pasha Baker, U.S. Army Reserve ambassador to

"Having the privilege to stand in front of you today in such a storied location in order to pass along the colors of a unit with

the lineage of the 9th MSC is a humbling experience," Curda said during his farewell speech. "While I still have your full attention, let me first say how proud and honored I am to have had the privilege to not only have worn this patch, but to have done so as your commander."

Prior to his full time assignment as the commander of the 9th MSC, Curda's civilian position was the director of assessment and innovative technology as a tenured associate professor at National Louis University.

"To all the Soldiers and leaders that make up the family of USARPAC, I am confident when I say I was fortunate indeed to have been part of it. And while it is not without a small sense of bereavement," Curda continued, "I can, without reservation, hand over the reins of leadership to a unit that truly is ready to fight tonight in any contingency or any environment.

"The worth of any leader can only be realized through the diligence and tenacity of those he or she serves, and in that respect, I can say, without reservation, that the 9th MSC, and all the hardworking Soldiers and civilians are indeed the 'Pride of the Pacific.' You look outstanding," Curda said as he closed his speech.

Brown thanked Curda's family and expressed his confidence in Anderson.

'This command has been entirely about leadership," Brown said after the colors were passed. "And (Curda) will tell you that, like everything in life, leadership is entirely about maintaining a balance and being balanced."

Both he and Curda expressed confidence in the continued success of the 9th MSC, with Anderson at the helm, having previously served as the deputy commanding general, Army Reserve, and director, Army Reserve Engagement Cell, USARPAC.

(Anderson) is a proven combat leader with the intellectual and professional background to push this command," said Brown as he introduced Anderson. "Simply put, the Andersons are another great Army Pacific family, and I know they are anxiously awaiting the opportunity to be a part of this functionally diverse team that has significant reach and impact."

Anderson has served in an impressive variety of positions of increasing responsibility to include leadership of infantry rifle platoons in Korea and at Fort Benning, Georgia; leadership of an Infantry Brigade Military Transition Team with the 1st Iraqi Army Division in Fallujah, Iraq; command of the Great Lakes Division, 75th Training Command, headquartered at Fort Sheridan, Illinois, where he additionally served as the senior installation commander, and the deputy commanding general of the 63rd Regional Support Command, headquartered in Mountain View, California, just to list a few.

As the ceremony came to a close, Anderson left the Soldiers of the 9th MSC with one final message: "We are the Pride of the Pacific, and you will keep it so."

USACE-POD greets new commander, Tickner

U.S. ARMY CORPS OF ENGINEERS-PACIFIC OCEAN DIVISION **Public Affairs**

FORT SHAFTER — Brig. Gen. Peter B. Andrysiak relinquished his position as commander of the U.S. Army Corps of Engineers' Pacific Ocean Division to Col. Thomas J. Tickner during a change of command ceremony, July 27, at historic Palm Circle, here.

With the passing of the ceremonial flag, symbolizing the official change of command, Tickner became the 33rd commander of the Army Corps' division serving the Indo-Asia-Pacific region. He now leads 1,500 military, Department of Army and host nation civilian engineers, technicians and other professionals in the annual execution of a multi-billion dollar program.

Tickner is responsible for executing a mission that includes engineering design, construction and real estate management for the Army in Hawaii, Army and Air Force in Alaska, and for all armed services and Department of Defense agencies in Japan, the Republic of Korea and Kwajalein Atoll, Republic of the Marshall Islands.

'To the Pacific Ocean Division - Alaska, Honolulu, Japan and Far East Districts - your reputation precedes you," said Tickner. "I have watched your accomplishments from afar, and I am eager to become part of the POD team; it will be an honor and privilege to serve with you."

Tickner has served in a variety of tactical, operational and strategic assignments over the past 26 years. He most recently served as chief, Army budget liaison, in the Office of the Assistant Secretary of the Army for Financial Management and Comptroller. This follows his return from a one-year tour in Af-



Photo by Duy Ta, USACE-ACE-IT

Col. Thomas J. Tickner (left) receives the Army colors from Lt. Gen. Todd T. Semonite during the change of command ceremony, July 27, at Palm Circle, Fort Shafter. Brig. Gen. Peter B. Andrysiak (right) relinquished command of the USACE-POD to Tickner, who became the 33rd commander of the division.

ghanistan, where he served as the engineer director for the Combined Security Transition Command-Afghanistan.

Lt. Gen. Todd Semonite, chief of engineers and commanding general of the U.S. Army Corps of Engineers, hosted the ceremony and expressed his confidence in both Tickner and Andrysiak's leadership.

"Today, on this field, we're representing two of the senior engineer leaders - a couple of the best that the engineer regiment has," said Semonite. Semonite detailed some of Tickner's di-

verse experiences, which convinced him that Tickner is perfectly suited for command of the POD.

"The command of a division doesn't happen by accident," said Semonite. "I picked the best person to come down and command this particular division with all the different missions it has."

Semonite, who previously worked with Tickner in various venues, spoke highly of Tickner's capabilities and tenacity.

"First of all, he is a combat engineer ... second, he's a technical engineer," said Se-

(Review the full story at www.hawaii armyweekly.com/2017/08/02/usace-podgreets-new-commander-tickner/.)

Because August is Antiterrorism Awareness Month, we wondered, "How do you intend to increase your situational vigilance?" By 728th Military Police Battalion, 8th MP Brigade, 8th Theater

Sustainment Command and U.S. Army-Pacific

'Stay alert and



vigilant and maintain awareness of things I post on social media."

"I will stay

Pvt. Matthew Hauf 558th MP Co., 728th MP Bn.



my situational awareness while traveling and continue to practice what I learned."

"I will increase

Pvt. Ashton Hays 558th MP Co.,

728th MP Bn.



Du Jour

USARPAC

G34 Protection



stay updated on worldly current events and understand what types of suspicious activity or behavior to report." Ticondra Swartz

"I will ensure I

Antiterrorism Analyst-Assessment Team Lead G34 Protection USARPAC

President awards Medal of Honor to former medic

DAVID VERGUN Army News Service

WASHINGTON - President Donald J. Trump awarded the Medal of Honor to former Spc. 5 James McCloughan during

a White House ceremony, here, July 31. McCloughan, a medic and a Vietnam veteran, was one of 89 Soldiers in Company C, 3rd Battalion, 21st Infantry Regiment, 196th Infantry Brigade, Americal Division - now a U.S. Army-Pacific unit who fought on Nui Yon Hill, near the city of Tam Ky, from May 13 to 15, 1969.

Within minutes of landing there on May 13, about 2,000 enemy Soldiers had the unit surrounded and two of their helicopters were shot down, Trump relayed during the ceremony.

One Soldier was badly wounded in the middle of an open field, the president

"Jim did not hesitate. He blazed through 100 meters of enemy fire to carry the Soldier to safety."

After tending to that Soldier, Mc-



Cloughan joined a mission to advance toward the enemy, Trump relayed. But before long, they were ambushed. Again,

he ran into danger to rescue his wounded

As he cared for two Soldiers, shrapnel

Former Spc. 5 James C. McCloughan (right) receives a citation from Acting Secretary of the Army Robert M. Speer during the Medal of Honor Induction Ceremony at the Pentagon, in Arlington, Virginia, Aug. 1.

McCloughan was awarded the medal for distinguished actions as a combat medic when assigned to 196th Inf. Bde. during the Vietnam War near Don Que, Vietnam, from May 13 to 15, 1969.

from an enemy rocket-propelled grenade "slashed open the back of Jim's body from head to foot. Yet, that terrible wound didn't stop Jim from pulling those two men to safety, nor did it stop him from answering the plea of another wounded comrade and carrying him to safety atop his own badly injured body. And so it went, shot after shot, blast upon blast," the president said.

(Read the rest of this story at www.ha waiiarmyweekly.com/2017/08/02/presi dent-awards-medal-of-honor-to-formercombat-medic/.)

Note, August is Antiterrorism Awareness Month

GEN. ROBERT B. BROWN

U.S. Army-Pacific

U.S. Army Pacific Team, August 2017 marks the 8th Annual Antiterrorism Awareness Month.

As such, it is an incredibly important time for our entire team to heighten awareness, re-energize our focus and sharpen our vigilance to prevent and protect Army communities from acts of terrorism and aggression.

Terrorist organizations and violent extremists in the Indo-Asia Pacific are everpresent, unpredictable and continue to evolve in their approach and capabilities.



vigilant, no matter what community, installation or facility in which we find ourselves.

We must stand ready to meet the security challenges across the theater to ensure we are always postured to prevent,

identify, alert and respond.

This mindset requires all of us to be part of a larger community solution, to

include developing cooperative relationships with our national security partners or our local neighbors.

Leader engagement is essential to managing risks and maintaining safety and protection awareness throughout the

Be especially attentive to those who are struggling with personal issues and ensure everyone knows where to go for help at any time, regardless of location. Take care of your teammates!

I ask every member of the USARPAC team to remain vigilant. If you see something suspicious, report it!

Actively take measures to protect yourself in the cyber and social media environment as these are quite often the least understood and most accessible do-

With your efforts, we will remain safe and Army strong. One team!

Robert B. Brown

General, U.S. Army Commanding

Safety adviser touts opportunities in Army career field

KAREN A. IWAMOTO Staff Writer

SCHOFIELD BARRACKS — Dr. Brenda Miller is the senior safety adviser to the Army's director of Safety and the functional chief representative for the Army's Career Program 12, which oversees the safety and occupational hazard career

The CP-12 includes thousands of Department of the Army employees across the globe, from firefighters and emergency management workers to engineers and range control specialists.

Miller was in Hawaii from July 28-31 to conduct a series of workshops on career and professional development opportunities within the CP-12 field. While here, she took a few minutes to answer some questions from the *Hawaii Army Weekly*.

HAW: Who are the CP-12 careerists?

Miller: The preponderance of the careerists fall into a handful of job series. The majority are firefighters, emergency management, safety engineers, industrial hygenists and health physicists. But we also have wage-grade employees.

We have local, international employees, a lot of those in overseas commands, so we're not just civil service employees. It's anyone who is a federal employee of the Army, who is being paid by the Army and not in a contract position. It covers a wide span of folks.

HAW: How is the CP-12 structured?

Miller: The way (the Army) went about structuring its career programs is it looked at the preponderance of duties in a professional description, and where there were like job characteristics, they brought those job series together. So if you look at all the jobs series in CP-12, you'll see we have some commonality.

Risk mitigation and readiness are the first that come to mind. All of us, whether a firefighter, EMT, safety specialist ... we're all focused on risk mitigation, advising a commander so he or she can make good safety decisions and enhance readiness.

HAW: What are some of the challenges facing those in the CP-12 field?

Miller: Having to do less with more is certainly a challenge. Another challenge is keeping commanders informed to make sure they know the value-added of having a professional safety worker to give them the right advice to make the right decision when it comes to a safety and risk management situation. There's a lot of

turnover in the commands. Also, we have a lot of one-person safety offices and that can be a challenge, especially because we don't want to get to the point where we're putting Soldiers at risk.

HAW: What are you doing to address those challenges?

Miller: The first thing is to have the command - when they are hiring or recruiting - recruit qualified safety and occupational professionals. That is absolutely critical as we indicated. In some cases, we have one-person safety offices.

The second thing is to make sure all commands and (CP-12) careerists are aware of the opportunities we provide for them. We palm for money to support



From left are Donald Pagliani, region safety manager for Installation Command-Pacific; Tamara Nazario, deputy to the functional chief representative for CP-12; Dr. Brenda Miller, functional chief representative for CP-12; and Michael Schwarz, U.S. Army Pacific safety director.

them in terms of money and education. We provide the credentialing programs at no cost, so we want the commands to

HAW: What are some of the strengths of the CP-12?

Miller: The fact that we have a career program that provides a champion for careerists in the field is a strength. We have funding to support their professional development requirements and training

I think that about 90 percent or more of safety and occupational health professionals across the Army have professional credentials, so a commander is getting a skilled occupational professional to advise him or her. I think that's a strength.

HAW: How can folks find out more about opportunities in CP-12?

Miller: We have a website and we also post all of our jobs to usajobs.gov, so anybody who's interested in applying for an entry-level position or a more senior position, those are posted there.

The other thing we are doing now is reaching out to colleges and universities, so we have a pipeline to different sources. So everything from a Soldier getting out of the military ... to a retiree that may be interested (we have information in various areas).

More Details

For more information on the Army's CP-12, visit https://safety army.mil/CP-12.aspx.

HAWAII ARMY WEEKLY A-4 | AUGUST 4, 2017

Engineers celebrate newly promoted NCOs

CAPT. ADAM CARTIER 130th Engineer Brigade

8th Theater Sustainment Command

SCHOFIELD BARRACKS - With junior Soldiers, senior noncommissioned officers and officers in attendance, 60 Soldiers from the 130th Engineer Brigade took part in an NCO Induction ceremony, July 28, at Sgt. Smith Theater, here.

The ceremony is a rite of passage, celebrating the newly promoted Soldiers joining the ranks of the professional NCO Corps while honoring those who've served previously with pride and distinc-

As there is no regulation or requirement for a unit to hold an NCO Induction ceremony, it comes down to the leadership to ensure that this tradition is carried on.

The guest speaker for the event, Command Sgt. Maj. Jacinto Garza, the senior enlisted adviser for the 8th Theater Sustainment Command, elaborated on the importance of the ceremony stating that "the Army as a whole is not taking the time to maintain this tradition." He stated



Sgt. Xavier Rodgers from the 523rd Eng. Support Co. prepares to cross through the saber arch, held by Sgt. 1st Class Shane Payne and Staff Sgt. Demetrius Freeman, to mark his official entry into the NCO Corps.

how he was honored to be a part of the

As part of the ceremony, the induct-

ees recited the Charge to the Noncommissioned Officer, acknowledging their newfound responsibilities before each inductee walked under a wooden castle and saber arch.

Although the ceremony can have variations, the important part is for each of the inductees to understand that they have crossed a threshold, literally and figuratively, into a time-honored corps: "the backbone of the Army."

The induction ceremony reinforced the critical importance of the NCO Corps while celebrating the accomplishments of those being inducted by those participating and in attendance. Junior Soldiers took part in the ceremony proclaiming their willingness to learn from and follow their sergeants by reciting "A Soldier's Request," a poem that asks newly promoted NCOs to respect, train and prepare junior Soldiers when they become sergeants.

Garza closed his comments on the importance of the sergeant stating "they are what I consider the most important and critical rank in our Army's inventory. The sergeant is where the rubber meets the road, and of all grades of NCOs, this one has the greatest impact on junior enlisted Soldiers and officers, influencing them on a daily basis."



4 / Friday

Antiterrorism — August is Antiterrorism Month Awareness in the Army. This month we remind everyone to be aware of the dangers posed by terrorism and to be prepared to help combat terrorism. Learn more at https://www.army.mil/ standto/archive_2017-08-01/?s_cid=standto.

Vehicle Registration Registering a vehicle? Make sure you're turning in the correct non-

residency form. Starting Aug. 1, the Department of Motor Vehicles, or DMV, will no longer accept version 12/2009 of the CS-L(MVR)50. Unit S-1s can pick up the new forms at the U.S. Army Garrison-Hawaii Forms Center. Call 656-0334 for questions about form pickup.

9 / Wednesday

Facebook Town Hall — The quarterly session, 6-7:30 p.m., is hosted by U.S. Army Garrison-Hawaii Commander Col. Stephen A. Dawson. Garrison leaders will be standing by to answer questions and field queries about installation issues.

Visit the garrison facebook site at https://www. facebook.com/usaghawaii/ and submit your questions or comments in advance.

September

9 / Saturday

Retiree Appreciation Day — Event will be held on Sept. 9 at the Nehelani on Schofield Barracks. Doors will open at 8 a.m.

Several guest speakers will discuss health care issues and changes that may affect the Army retired community.

Tripler Army Medical Center will be providing flu shots and skin cancer screening.

Lunch will be served from noon till 1:30 p.m.

Reservations and advance payment of \$18 per person is required prior to Aug. 15.

For more details, call the Retirement Services Office at 655-1514.

Ongoing

Military OneSource — This funded Department of Defense program supports service members and their families, including active duty, National Guard and Reserve mem-

It's your one-stop shop for all things military life related, including information and referral services, non-medical counseling, online resources, educational materials. webinars, newsletters and outreach teams, 24/7, 365 days a year, at no cost to eligible service or family members.

Hawaii's consultant is Heather Hutchinson at (808) 286-9277 or heather. hutchinson@militaryo nesource.com. Visit www. militaryonesource.mil.

Reunion — The Second (Indianhead) Division Association is searching for anyone who served in the Army's 2nd Infantry Division at any time.

This year, the association will commemorate the 100th anniversary of the division, which was formed in France during World War I. It will host a reunion in Arlington, Virginia, from Sept. 13-17.

Contact secretarytreasurer Bob Haynes at 2idahq@comcast.net. Call (224) 225-1202 or visit www.2ida.org.

Fingerprinting — Digital fingerprinting services are available, weekdays, at these locations and times:

•Schofield Barracks: Installation Security Office, Bldg. 580, Rm. 130, 9 a.m.-noon and 1-3 p.m. Service is for military, civilians and contractors for clearances. Call 6558879/1493/9438 •Fort Shafter: Pro-

vost Marshal Office, Bldg. T118, 8:30-11 a.m. and 1-2:30 p.m. (Tuesdays and Thursdays). Service is for military, civilian and contractor clearances, NAF and volunteers. Call 438-8001/1092.

Text Aloha — Feeling lonely? Angry? Just need to talk to someone? Call 1-800-273-TALK or 1-800-273-8255.

Text "Aloha" to 741741 or visit crisistex tline.org.

Someone is always available to help you!

CRGs — The Army now has a Community Resource Guide for 48 different installations. One-stop shopping for personnel at https://www.garrison.ha waii.army.mil or https:// crg.amedd.army.mil.

A-6 | AUGUST 4, 2017 HAWAII ARMY WEEKLY

8th TSC Soldiers complete motorcycle safety course

T. R. AH YOUNG-SHELTON

8th Theater Sustainment Command

FORT SHAFTER — Eight 8th Theater Sustainment Command motorcycle riders took their riding expertise to the next level when they volunteered for and completed the internationally recognized Motorcycle Safety Foundation (MSF) RiderCoach certification training course, July 23, at Leeward Community College.

Coming from various military specialties and both officer and noncommissioned officers, the eight newest RiderCoaches will further ensure safety oversight over one of the most dangerous Soldier activities within the 8th TSC.

To complete the training course, all riders dedicated three consecutive full weekends of their personal time, starting on Friday evenings, until dusk on Sundays, totaling nearly 80 hours.

The training involved intense academics related to motorcycle operation, riding fundamentals and safety. The training also included advanced riding skills training to the highest level, ensuring each rider could coach, mentor and train fellow Soldiers to ride as safely as pos-

The now certified MSF RiderCoaches exhibit a sincere desire to help reduce fellow Soldier motorcycle mishaps, crashes, injuries and deaths, and they are available to assist Soldiers within the com-



Service members compete the Motorcycle Safety Foundation (MSF) RiderCoach certification training course at Leeward Community College on July 23 and gather for a remembrance photo.

"The reason I felt this course was important is because I wanted to teach, coach and mentor new riders, as well as encourage good motorcycle riding habits and re-enforce basic riding fundamentals for experienced riders," said Sgt. 1st Class Marc W. Barrett, from 8th TSC Support Operations. Certified RiderCoaches are the back-

mary motivator to attend the training, they are essential to motorcycle safety and excellent motorcycle mentorship in the 8th TSC.

bone of the MSF RiderCourse training

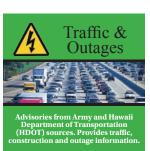
system. With Soldier safety as their pri-

The class was comprised of the following (pictured in the photo from left to right):

- •Bill Maxwell, instructor.
- •Sgt. 1st. Class John P. Roberts,
 - 84th Eng.
 - •Staff Sgt. S.G. Jose Ponce, 84th Eng.
 - •Capt. Caleb Lin, 8th STB
 - •Bruce Koikc.
 - •Staff Sgt. Jamie Lara, 84th Eng. •Brandon Ross, U.S. Navy.
 - •Sgt. 1st Class Peter Wersted, G6,
 - •Sgt. 1st Class Jassen Marquez,
 - 84th Eng. •Sgt. 1st Class Marc Barrett,
 - •Staff Sgt. Ian Knight, G6, 8th STB
 - Russel Kaneakua.

More Details

If you are interested in becoming a certified RiderCoach, are a staff sergeant or above, have at least five years of motorcycle experience, a clean riding record and your unit's endorsement, send an email to the 8th TSC's Safety Office for Timothy R. Ah Young-Shelton (on global) for



(Note: Times and locations of outages are a best guess. Field conditions may extend the locations and time needed.)

4 / Friday

Revised Traffic Codes — The Military Police has begun enforcing newly revised and approved U.S. Army-Hawaii Regulation 190-5 traffic codes that became effective Tuesday. The most significant monetary fines.

belt violations, illegal parking and cell phone usage/texting while driving, now have a prescribed fine associated with the offense in addition to a potential prohibition to driving on the installation or a suspension of driving privileges.

The revised traffic codes apply to all Soldiers, civilians, family members, contractors and other personnel who work on, reside on or visit any U.S. Army installation, facility or work site in the state of Hawaii. To review the new Traffic Code in its entirety. go to the Garrison Policies tab on the U.S. Army Garrison-Hawaii website at www.garrison.hawaii. army.mil.

Ongoing

Lewis Street — This Schofield Barracks street will be closed through Aug. 16, between Waianae and Foote avenues for pavement repairs. The closure will be in effect Mondays-Saturdays from 8:30 a.m. to 4 p.m. with intermittent permanent striping through Aug. 22. Traffic detours will occur onto Heard and Trimble from Waianae and Foote.

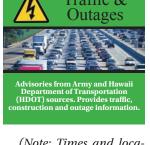
Ganhan Road — This road on Wheeler Army Airfield, adjacent Bldg. 107, will be closed at the Wright Avenue entrance throughout construction, through Dec. 18.

Sasaoka Street — Two road closures on Sasaoka Street, WAAF, will occur for new sewer line installation. The work will be performed in two phases through Sept. 30.

For Phase 1, a portion of Sasaoka will be closed during the day between 8:30 a.m. and 3:30 p.m., Monday-Friday. Access will still be available for tenants and employees in the area.

For Phase 2, Sasaoka

will be fully closed at night ants and employees will from 6 p.m.-2 a.m., Monnot be available at night day-Friday. Access for tenduring Phase 2.



change is the expansion of traffic offenses that incur Offenses such as seat



FMWR launches vehicle turn-in, auto auction

KAREN A. IWAMOTO Staff Writer

SCHOFIELD BARRACKS — Soldiers and families on Oahu who don't have time to sell or otherwise properly dispose of their vehicles before making a permanent change of station move now have another option.

The Directorate of Family and Morale, Welfare and Recreation is launching its Vehicle Turn-In Service on Aug. 9.

In tandem with the service, FMWR will begin holding weekly vehicle auctions. The first auction will take place after Aug. 9, but the final date has yet to be determined by FMWR.

Dennis Duck, deputy director of FMWR, said the program is a win for all involved. Soldiers who may otherwise abandon vehicles that are still in running condition can turn them in instead, Soldiers new to the island looking for inexpensive transportation can bid on a vehicle at the auction, and proceeds from the program will go into the FMWR general fund where they will be used to improve the quality of life for Soldiers and families. "We asked ourselves,

'How can we alleviate the problem? What are other

bases doing?" Duck said. "We decided to start this service where you can make an appointment, bring your car down and sign over the title and turn over the keys. We'll take it off your hands."

He emphasized that to qualify for the program the vehicles must be in running order and have clean, transferable titles.

Addressing an issue

Abandoned vehicles are a major problem on U.S. Army Garrison-Hawaii and on the island of Oahu in general, where space - notably parking spaces are at a premium.

The Garrison's Directorate of Emergency Services has towed over 700 cars from USAG-HI installations since October, said Thomas Burke, the supervisory operations officer with DES.

Island-wide, the City and County of Honolulu has reported that it is running out of space to store abandoned vehicles.

The process

Here's how the FMWR Vehicle Turn-In Service works:

•Make an appointment to turn in a vehicle at the Schofield Barracks Auto Skills Center.

•Complete a "Statement of Transfer" form and provide the following:

- -ID card.
- -Clean, transferable title.
- -All keys to the vehicle.
- -\$25 drop-off fee.

 Receive copies of the all completed forms, plus a RecTrac receipt.

Vehicles turned in to the Auto Skills Center will be offered for sale at weekly auctions via the FMWR website and in person at the Auto Skills Center storage

Next: Auction

Here's how the Vehicle Auction works: •The Auto Skills Center will assess the vehicles, take photos, complete

an inventory sheet and submit information to FMWR. •FMWR will upload the vehicle's

photo and information to its website. This will be available for viewing by bidders every Wednesday, from

1-5 p.m.

•There are two options for bidding

on a vehicle: 1) Online bidding ends by close of

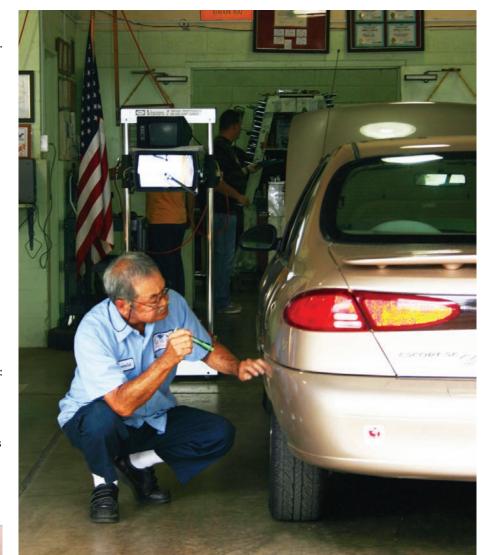
business on Thursdays. 2) Onsite bidding, through sealed bids, will be accepted at the Auto Skills Center storage lot until 5 p.m., Wednes-

•Winning bidders will be notified by Friday and must pick up the vehicle within 48 hours of notification (Saturday and Sunday).

•Winning bidders take the following steps at the Auto Skills Center:

-Pay for the vehicle.

-Pick up RecTrac receipt, which, along with ID card and receipt of payment, will be needed to pick up vehicle from the Auto Skills Center storage lot.



As part of the FMWR Vehicle Turn-In Service, workers at the Schofield Barracks Auto Skills Center will assess the vehicles that are turned in and complete an inventory sheet prior to putting them up for auction. Vehicles must be in running condition to qualify for the Turn-In Service.



MWR Auto Skills

Schofield Barracks **Auto Skills Center** Bldg. 910, Duck Road 655-9368

More Online

Visit the FMWR website at himwr.com.

Courtesy photo

Left — Once the Vehicle Auction begins operation, bidders will be able to visit the FMWR website to view pictures of the vehicles and place bids online.





Briefs 4 / Friday

Registration — Public school registration is accepted throughout the year. Register your child for school; call the Army School Liaison Office at 655-8326.

Paniolo Salad — This is the August featured salad. Enjoy fresh ingredients off FS Hale Ikena's salad bar to build your very own salad, weekdays, 11 a.m. -2 p.m. Just follow along with our monthly recipe card and enjoy. Call 438-1974.

Flag Football — Registration is open to company level, Army active duty, Reserve and Army National Guard companies within the geographical limits of Hawaii. All players must play for their assigned/attached company/unit. Registration is available now at any Army PFC.

Preseason starts Aug. 28. All preseason games will be held at Stoneman Stadium, SB. Regular season runs Sept. 5-Nov. 3. Playoffs start Nov. 6. Call 655-9650/0856/9914.

Survivor Outreach Services - Friday Fitness with Friends activities include yoga, group walks and other opportunities. Location will be based on the activity. Everyone will meet at the SB SOS Center. Activity starts at 9:30 a.m. Call 655-4227.

FRG Leader Training — Held at SB Nehelani from 9 a.m.-4 p.m. Learn about the Soldier/FRG and how to effectively run the organization as well as challenges FRGs face. Call 655-4227.

Coffee Talk — Hang out with EFMP at the Green World Coffee Farm from 10-11 a.m. and meet other families enrolled in the program. Call 655-4227.

5 / Saturday

Movies at Pool — Free family movie, "Lilo & Stitch," held at AMR Pool starting at 6 p.m. Preevent activities include music, games and crafts beginning at 5:30 p.m. Movie starts at 7 p.m. Food available for purchase. No



Graphic artwork courtesy of Family and Morale, Welfare and Recreation Directorate SCHOFIELD BARRACKS — Test your mental and physical skills with the MWR Ultimate Challenge, 9 a.m., Aug. 25, at the Tropics Recreation Center. Teams and individuals will compete in a series of challenges with only a map and a set of clues. Call 656-0113 or go to HiMWR.com/challenge.

pets, glass or alcoholic beverages. Call 655-0113.

Movie Night Under the **Stars** — SB Tropics Recreation Center hosts at 7 p.m. Movie watched on 90-inch TVs. Food provided. Call 655-5698.

BOSS Volunteer Opportunity — AccessSurf starting at 8 a.m. at White Plains Beach. Call 352-223-6370.

Swimming Lessons — Registration held at SB Richardson Pool, Aug. 5-6, from 9 a.m.-5 p.m. Classes run weekdays Aug. 7-18 (no classes on Tuesday). Class times range from 3-5 p.m. Cost is \$60 for 30-minute lessons for Parent & Tot, Level 1, Level 2; \$70 for 45-minute lesson for Level 3, Level 4. Children must be registered with CYSS. Call 655-9698.

7 / Monday

First Day of School — Entry date for Hawaii public school students. Call 655-8326.

Employment Orientation — New to the island and looking for a job? This class at the SB ACS from 10-11:30 a.m. will orientate you to employment opportunities on Oahu. Learn about Spousal Preference and the Priority Placement Program for Spouses (PPP-S) seeking federal employment. Also offered is information on civilian sector opportunities, contractors, resume writing classes, career fairs and ways to further your career and education. Call 655-4227 to register.

Million Dollar Soldier **Refresher** — This training provides Soldiers with valuable financial tools at SB ACS from 8:30-11:30 a.m. and 1-4 p.m. Topics include saving, credit, investing and big purchases. Call 655-4227 to register.

8 / Tuesday

Anger & Conflict Solutions - Prevention program for individuals is designed to learn the basics of anger awareness from noon-1 p.m. at SB ACS. The class will help participants identify their own personal anger cues and ways to deescalate conflict situations.

10 Steps to a Federal Job — Walk through the steps to create an effective targeted federal resume and successfully manage the application process at SB ACS from 1-4 p.m. To sign up, call 655-4227.

9 / Wednesday

BOSS Event — Virtual Reality gaming held at SB Tropics. Call 352-223-6370.

Boots to Business Entrepreneurial Class — Facilitated by the Small Business Administration at SB ACS from 9 a.m.-4 p.m., Aug. 9-10. Five spaces are reserved for military spouses

Fridays and Saturdays,

Aug. 11-26. Picnic on the

open at 6:30 p.m.; perfor-

grounds 5-6:30 p.m. Doors

older, James Grant Benton's

"Twelf Nite O Wateva!" was

mance at 7 p.m. Fee is \$25: \$20

for students and seniors 65 and

designed to make Shakespeare

more appealing and approach-

Visit www.missionhouses.

12 / Saturday

Na Mele O Ko Olina

and 'ukulele musicians, as

well as 40 Hawaiian artists,

perform and display 9 a.m.-

5 p.m. at the Marriott Ko Olina

Hawaii's best slack dey

able for the local community

- and just funny.

Beach Club.

Call 696-5717.

org or call 447-3926.

who are interested in starting a business. Call 655-4022.

10 / Thursday

Youth Mental Health First Aid — Two-day class, 9 a.m.-1 p.m., at SB Family Assistance Center (371 Brannon Road) introduces participants to the unique risk factors and warning signs of mental health problems in adolescents. Workshop also teaches individuals how to help an adolescent in crisis or experiencing a mental health challenge. Call 655-4227.

Block Party at the Studio — The SB Library for children 11/2-5 years old is having a block party, 11:30 a.m. to 12:30 p.m., and for school-aged children from 3-4 p.m. Children will have the opportunity to use their imagination to create with Lego and wooden blocks. Limited to 15 children. Preregistration required. Call. 655-8002.

Basic Investing & TSP — The best time to start investing is now. Learn the basics of the Thrift Savings Plan and other investment options at SB ACS from 10-11:30 a.m. Call 655-

Stability Support During Critical Incidents Training -Learn to identify how FRGs can support Soldiers and families impacted by critical incidents at SB Nehelani from 9:30-11:30 a.m. Call 655-4227.

Additional religious ser-

vices, children's programs, educational services and contact information can be found at https://www.garrison.hawaii.army.mil/rso/ USARHAW%20Chapel%20 Services.pdf.

AMR: Aliamanu Military Reservation Chapel Fort DeRussy Chapel

HMR: Helemano Chapel MPC: Main Post Chapel, Schofield Barracks

PH: Aloha Jewish Chapel, Pearl Harbor

SC: Soldiers' Chapel, SB TAMC: Tripler Army Medical Center

Chapel WAAF: Wheeler Army Airfield Chapel

Buddhist Services

•First Sunday, 1 p.m. at

•Last Wednesday, 6 p.m. at MPC

Catholic Mass Monday-Wednesday, 11:45 a.m.

at Soldiers' Chapel •Thursday, 11:45 a.m. at AMR

•Wednesday, 5 p.m. at MPC

•Saturday, 5 p.m. at TAMC Sunday services: -8:30 a.m. at AMR

-10:30 a.m. at MPC -11 a.m. at TAMC

Gospel Worship

•Sunday, noon at MPC •Sunday, 12:30 p.m. at **AMR**

Islamic

•Friday, 12:30 p.m. at **AMR** (Call 477-7647)

Jewish Shabbat (Sabbath)

•Friday, 7:30 p.m. at PH (Call 473-3971)

Protestant Worship

 Sunday Services -9 a.m. at MPC (Contemporary)

-9 a.m. at FD

-9 a.m. at TAMC -10 a.m. at HMR

(Contemporary) -10:30 a.m. at AMR (Contemporary) -11 a.m. at WAAF

(Contemporary)

community Calendar

Send announcements a week prior to publication to community@hawaiiarmyweekly.com.

4 / Friday

Pacific Ink & Art Expo — Some of the biggest names in tattooing & art, including celebrities from the TV shows "Ink Master," "LA Ink" and "Tattoo Nightmares," will arrive from 2-7 p.m., Blaisdell Exhibition Hall, 777 Ward Ave., Honolulu. Visit pacificinkandart expo.com.

First Friday — Join the hip crowds in Honolulu's Chinatown at the many unique galleries, boutiques, cafes and restaurants that feature exciting art exhibits and free entertainment every month.

Most shops stay open late, from 5-9 p.m., followed by a late night party at some of the trendy bars in Honolulu.

Visit www.firstfridayhawaii. com.

5 / Saturday Wahiawa Family Fun

Fair — Games, bouncers, skill challenge and free food at the George Fred Wright Wahiawa District Park, 10 a.m.-1 p.m.

Calendar abbreviations

Command



WHEELER ARMY AIRFIELD — Facebook Town Hall quarterly session, 6-7:30 p.m., is hosted by U.S. Army Garrison-Hawaii Commander Col. Stephen E. Dawson. Garrison leaders will be answering questions concerning installation issues.

Visit the garrison Facebook site at https://www.facebook.com/ usaghawaii/ and submit your questions or comments in ad-

Asia Pacific Dance Festival — An evening honoring food and culture throughout Asia and the Pacific features the creations of local chefs. Must be purchased in combination with an Ike Hana I concert ticket, 7:30-9:30 p.m., at Kennedy Theatre, 1770 East-West Road, Honolulu. Visit manoa.hawaii. edu.

10 / Thursday Honolulu Rainbow Film

Festival — From Aug. 10-19, the 28th annual festival will be held at the Doris Duke Theatre, 900 S. Beretania St., Honolulu. Visit hglcf.org.

11 / Friday

Twelf Nite O Wateva! —

BCT: Brigade Combat Team CDC: Child Development Center CYSS: Child, Youth and School

Program FCC: Family Child Care

ASYMCA: Armed Services YMCA and Recreation

FRG: Family Readiness Group FS: Fort Shafter HMR: Helemano Military Reservation PFC: Physical Fitness Center SAC: School Age Center

SB: Schofield Barracks

Hoʻomaluhia Botanical Garden in Kaneohe hosts this free

Family Fishing —

catch and release family event, 10 a.m.-2 p.m., Saturdays and Sundays. Bring walking shoes, insect repellent, rain gear and fishing bait (fresh white bread).

A limited number of bamboo poles are available to borrow. For information/reservations, call 233-7323.

15 / Tuesday

FS Hui Super Signup — The FS spouses club is having a sign-up campaign, 6-8 p.m., at the Hale Ikena, FS. Visit www.huispirit.com.

Schofield Hui Super Signup — The SB spouses club is having a sign-up campaign, 6-8 p.m., at the Kalakaua Community Center. Visit www. schofieldspousesclub.com.

17 / Thursday

FS Thrift Shop — Clothes, kitchenware and more offered Tuesdays and Thursdays, 9 a.m.-1 p.m. at Bldg. 342, Pierce Street, on FS. Visit www.huis pirit.com.

18 / Friday

Made in Hawai'i Festival — Weekend showcase, includes nearly 400 exhibitors of food products, books and more at NBC Exhibition Center. Visit madeinhawaiifestival.com.

SKIES: Schools of Knowledge, Inspiration, Exploration and Skills

USARPAC: U.S. Army-Pacific

Sunday, Aug. 6, 4 p.m.





Baby Driver (R)

Friday, Aug. 4, 7 p.m.



Despicable Me 3 (PG)

Saturday, Aug. 5, 4 p.m.

The House (R)

Saturday, Aug. 5, 7 p.m. **Transformers: The Last**

Knight (PG-13)

Thursday.

ACS: Army Community Service AFAP: Army Family Action Plan AFTB: Army Family Team Building AMR: Aliamanu Military Reserva-

8th TSC: 8th Theater Sustainment

25th ID: 25th Infantry Division

Services

EFMP: Exceptional Family Member FMWR: Family and Morale, Welfare IPC: Island Palm Communities

TAMC: Tripler Army Medical Center USAG-HI: U.S. Army Garrison-Hawaii

WAAF: Wheeler Army Airfield Closed Monday through

Families with autistic children face PCS challenges

LT. COL. KATHY PRESPER U.S. Army Health Clinic-Schofield Barracks SCHOFIELD BARRACKS — The

permanent change of station, or PCS, season has arrived.

Recently, at the Soldier Family Assistance Center, here, the U.S. Army Health Clinic-Schofield Barracks hosted families of children with special needs, specifically for children diagnosed with autism.

In attendance were expert panel participants in the Exceptional Family Member Program, or EFMP, process to address how to better support this part of our ohana, or family.

Community engagement

Col. Mario Diaz, deputy commander for 25th Infantry Division, opened the EFMP Community Engagement Meeting with a welcoming address to all in attendance for participating in the vital dialogue in coming together to learn from one another.

"We can make a difference, and the goal is to come out of this meeting prepared for the hard work ahead of improving how we support families with EFMP needs," said Diaz.

During the Community Engagement Meeting the testimonials of three mothers supported by the families in the audience provided a glimpse of PCSing with a child with autism, which includes the following:

•Outlining the impact of prolonged

temporary hotel lodging and how it can lead to increased stress and possible regression for some autistic children.

•How to get keiki with special needs enrolled in our local school system.

•How to get children with autism and special needs integrated into athletic and sports programs.

•Resources to provide sensory items for autistic children prior to the arrival of their household goods.

The mothers addressed the impact of temporary housing during the PCS cycle on their children's health and the need for specific security requirements to help ensure that the autistic child does not wander out of the house. Reaching out to housing prior to your arrival can help minimize wait times.

During the PCS season, parents of school-aged children are looking to enroll their children into school for the upcoming year. The mothers of special needs children expressed the necessity for proper integration of their child into the school system.

For educational progression, the implications of effective services coupled with early intervention in school for special needs children was echoed by the mothers in attendance.

Exercise and sports can be very helpful for children with special needs. An expert panelist, Dr. Hank Cashen, director at Army Community Service, stated that in the future there will be a program



Photo courtesy U.S. Army Health Clinic-Schofield Barracks

Parents of special needs children are able to address issues of concern with a panel of experts who assist them with answers and resources.

similar to Special Olympics available to children with special needs.

The families stated that it would be very helpful to have a special needs sensory lending closet available to parents of special needs children. These are items typically used by parents to assist in comforting an autistic child.

Cashen agreed that it was a good idea and that they would work with these families to add this resource. Also, it may be possible for community support to provide local donated items for these

families to use prior to their household goods shipment arrival.

Col. Deydre Teyhen, commander, USAHC-SB, also emphasized effective discussion from all who were present.

"Early intervention, not just from the medical community, but from the community in its entirety can significantly improve these children's lives," said Teyhen. "It's our responsibility as community leaders to assist in every way possible to assist EFMP families."

Self-awareness can be found with serious introspection

CHAPLAIN (CAPT.) CHRISTOPHER HODGE

303rd Ordnance Battalion 8th Military Police Brigade 8th Theater Sustainment Command

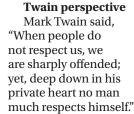
SCHOFIELD BARRACKS — To be critical of another person's character or behavior is probably one of the most natural responses in human relation-

Often, we live our lives in a type of reaction to the myriad of offenses that might come our way on any particular

In fact, being offended means nothing at all, it is a powerless whining that leads the person in a "victim cycle," giving them a numbing shot of self-righteousness indignation.

Ultimately, no one really cares if you

are offended - except maybe you.



Do you truly respect yourself? Have you taken the time to reflect deeply enough to even know who you are?

Self-reflection has become a lost art form. Our media driven world has given us plenty of distractions and cheap entertainment to prevent us from looking deep into our own lives in order to recognize our character flaws.

Footsteps in Faith

Instead, many of us opt to take the lower road of finger pointing, blame shifting and complaining. Indeed, it feels like a gentle downhill slope, a much easier path, but ultimately leading us into the swamp of the bitter, unproductive individual.

Psalm 26:2 states, "Examine me, O Lord, and try me; test my mind and my

Have you asked God to do this to you, and are you willing to look at what he shows you? The spiritual disciplines of solitude and meditation (self-reflection) are the path of the noble heart. Pain can indeed be our best teacher because it's

usually only during times of intense pain that we will desperately seek to relieve it by taking a long hard look at ourselves.

The only way to produce deep humility in our own lives is recognizing that we are just as flawed as the person who just offended us. This allows us to be merciful, because the more we strive to get better through self-reflection, the more we realize just how much mercy we need ourselves.

Don't spend your life pointing at someone else's flaws; instead, look deeply at yourself and embrace the pain of knowing that you are actually deeply flawed. Then, take that knowledge and pursue the noble path of becoming a better more productive person. I think we can all agree that the world needs such people.

Finding beauty in trash is one family's summer beach ritual

Every summer, the beaches of this nation are scattered with people who wander slowly, look quite seriously down at their feet, and bend over

frequently. Despite appearances, they are actually not contemplating the prognoses of their bunions, admiring their arches or watching their toenails

For some reason, these people are compelled to search the beach for a particular type of trash, namely, broken

No, they are not environmentalists, members of a chain gang from the local jailhouse or clean freaks. These strolling trash collectors don't poke around in the swale's flotsam and jetsam for any philanthropic, court-ordered or psychiatric purpose.

Believe it or not, they are placing broken glass in their pockets for the sheer pleasure of it.

What in heaven's name is wrong with these people, one might ask?



Vacation mode

Strangely, not a thing. They're simply on vacation.

You see, when we humans take a step away from the rat race for a summer vacation, we suddenly become curious about the world. We stop, smell the roses and notice the beauty all around us.

And interestingly, while on vacation, we find beauty in the shattered remnants of long-abandoned beer bottles, mayonnaise jars, wine jugs and other broken bits of glass that have been tossed about on the sea floor long enough to become sea glass.

Shades of white, brown, green and blue, it lures us on long, slow strolls along the shoreline, where we forget about the stresses of life and concentrate on seeing a glint of color among the

infinite grains of sand.

We don't like to think about the fact that our prized hunk of sea glass most likely had its start as a fisherman's bottle of Budweiser. All we see is the beautiful juxtaposition of the suncatching brown, green and blue against the neutral hues of nature.

When we are lucky enough to spot one of these rough gems of the beach, we squirrel it away, so we can take it home and plop it in a jar or trinket box, to be displayed and cherished like some kind of poor man's Hope Diamond.

I must admit that leisurely sea glass hunting can become obsessive. While other beach vacationers lollygag in beach chairs over their latest novels, I am often intensely scouring the shoreline for sea glass.

This behavior might seem over-the-top if the sea glass is of the common variety, but it is an unwritten rule that, if one is fortunate enough to find a rare color of sea glass such as cobalt blue, lilac or pink, flagrant bragging is mandatory.

Spanning the globe

As a Navy family, we have been stationed all over the world, enabling me to collect my beloved sea glass from a variety of beaches.

> I have jars and bottles of sea glass from Spain, Ireland, Italy, England, Florida, Mexico, Virginia, California, New Jersey, North Carolina and Rhode Island. My husband,

Francis, thinks my extensive sea glass collection is evidence of some kind of clinical compulsive disorder, but I see it as a glimmering memento of our family vacations and tours of duty.



Tripler namesake remembered

WILLIAM SALLETTE

Tripler Army Medical Center

HONOLULU — Tripler Army Medical Center, also known as TAMC, has a long history of healing heroes since before the attacks on Pearl Harbor.

The origins of TAMC date back to 1907 when several wooden structures at Fort Shafter's Palm Circle were used as a hospital

In 1920, the facility was named Tripler General Hospital after Brevet Brig. Gen. Charles Stuart Tripler in honor of his contributions to Army medicine during the Civil War.

Who was he?

Tripler was born Jan. 19, 1806, in New York City and graduated from the College of Physicians and Surgeons in New York in 1827. He entered the Army at West Point, New York, and received a commission as an assistant surgeon in 1830.

By 1835, Tripler saw his first combat action in the Second Seminole War, and in 1846, Tripler, then an Army surgeon, was made medical director of a regular troop division during Gen. Winfield Scott's advance against Mexico City in the Mexican War.

Many years later, he accompanied troops to the West Coast via Panama on a harrowing journey in which he cared for men plagued with cholera, malaria and dysentery. Army medical practices at that time were notated as simple and unsophisticated.

In 1858, he returned east for duty at Newport Barracks, Kentucky, where he wrote and published "Manual of the Medical Officer of the Army of the United States." This manual became the bible for medical officers by

standardizing physical requirements for Army recruits. Following Tripler's death in 1866, President Andrew Johnson promoted him posthumously to the rank of brigadier general.

The descendants

Recently, TAMC staff members met with Tripler's descendants and received items to display in our historical section, including a sword he carried during the Civil War. One of these descendants is Raymond Tripler, Charles Tripler's great-great nephew, who recently toured the facilities and met with the command team.

"I'm very honored to have been able to come here and take a tour of the hospital," said Raymond. "I know this place is nearly 70 years old, but you wouldn't know it walking through these halls. It's great to see that there is such an amazing facility taking care of our troops and keeping them healthy and ready to do whatever is asked of them."

During World War II, the high number of patients



Courtesy photo

Tripler Army Medical Center is named after Brevet Brig. Gen. Charles Stuart Tripler. Tripler was an Army surgeon who saw multiple conflicts throughout his career and authored the Manual of the Medical Officer of the Army of the United States, which became the bible for medical officers by standardizing physical requirements for Army recruits.

requiring treatment greatly exceeded the hospitals 450-bed capacity, and it was quickly realized that a larger facility would be needed. In 1942, plans for a new hospital were drafted, and the Moanalua Ridge area was selected as the site.

Construction of Wings A through E began in 1944 and were completed in 1948 at a cost of \$41 million. At that time, the hospital had a 563-bed capacity that could be expanded to accommodate 1,100 beds.

In 1985, a major expansion was completed; the new F, G and H wings added 433,000 square feet of space to the hospital.

"I'm amazed to see the passion of the troops and civilians that work here at Tripler," said Raymond. "Simply walking around the hospital, you can see the dedication the team has to this hospital and their patients."

Battle tested

To this day, TAMC is the only medical treatment facility in the U.S. Army to have been awarded a battle streamer. Throughout World War II, Tripler averaged almost 2,000 patients per day requiring treatment for injuries and illnesses sustained in the Solomon Islands, the Marianas, the Philippines and other Pacific battlegrounds.

"We were told about Charles when we were growing up, and I have done my own research on him as well," said Raymond. "I know that he dedicated his life to medicine and the Army, and I feel pretty confident that he would be proud to have this hospital bear his name."

TAMC

Keep up to date and vaccinate



Everyone needs vaccines to help keep them healthy! From pregnant women to babies, to preteens and teens to older adults, there

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are different vaccines recommended for you at different ages and stages of your life.

The Centers for Disease Control and Prevention recommend an immunization schedule designed to help protect you against dangerous and even deadly diseases. Take a few minutes to make sure you and your loved ones are protected against vaccine-preventable diseases.

•Keep track of your family's vaccinations as they're received.

•Make an appointment with your family doctor(s) to make sure vaccinations stay up-to-date.



Courtesy photo